



CALA – American Sign Language

Hi	Salute
My	Dominant hand flat on chest
Name	Two "U"s tap crossed, dominant hand on top
Nice	Brush palms, dominant on top
Meet	2 "D"s come together
You	Point to other person
Stand	Non-dominant hand flat with palm up (to make floor), dominant hand stands on other with 2 fingers
Sit	2 "U"s palms down, dominant taps on non dominant once
Walk	Both hands palms down, sway front to back alternating
Dance	Non-dominant hand flat with palm up (to make floor), dominant hand sways over other with 2 fingers
Not/Doesn't	"Thumbs up" under chin with thumb pointed toward throat, pull out and shake head
Fast	2 hand-guns out in front of you, pull the triggers and make sound "fft"
Slow	Non-dominant arm out straight, dominant hand starts at fingers and slowly goes up the arm
Thank you	Dominant hand flat palm facing you, tip of fingers touches chin then comes out and down.
How	2 thumbs-up palms together, dominant hand wiggles
Feeling	Open 8, middle finger swipes up on chest
Good	Non dominant hand out flat palm up, dominant hand touches chin then is brought down with the back of hand touching non dominant palm

Bad	Non dominant hand out flat palm up, dominant hand touches chin then is brought down with the palm of hand touching non dominant palm
Fine	5-hand bounces on chest with thumb touching chest
Boy	Dominant hand grabs baseball cap
Girl	"A" slides from ear to chin
Want	2 5-hands outstretched with palms up, move toward body and scrunch
Chocolate	Non-dominant is flat with palm down, dominant C touches other and circles
Yes	Dominant fist "nods", head nods
No	Two fingers and thumb tap, head shakes "no"
A little	Palms come close together to make "a little" space
A lot	Palms go away from each other making "a lot" of space
Laugh	2 bent-L's start at corners of mouth and brush out
Cry	2 "1"s alternate making tears
Eat	Flat-O taps mouth
Welcome	Dominants hand flat with palm up goes in toward stomach

What	2 palms up go in and out
Your	Flat hand palm out points to other person
Touch	Non-dominant hand palm down, open-8 touches back of other hand
Take	Dominant hand reaches out, grabs and pulls back toward self.
Pick up	Open-8 closes and pulls up
Look at	Dominant hand "V", middle finger touches under eye and pulls out
Plane	"I-Love-You" with palm down flies in the air
Pen	Non-dominant hand flat with palm up, dominant hand hold invisible pen, "lick" pen then write on other hand
Car	Both hands hold bottom of invisible steering wheel and "drive"
Book	Both palms together then open up
Shirt	Grab shirt with thumb and index finger, tug lightly
Floor	Both palms down, hands together, then pull away
Chair	2 "U"s palms down, dominant taps on non dominant twice ("sit" but tap twice)
Table	Dominant arm over non-dominant, taps twice
Put	Flat-O goes from left to right
Give	2 "X"s start close to body and go out (directional sign)
Where	1 wiggles
Work	2 fists, dominant crosses over non-dominant, both palms down, taps twice

Live	2 Hand-guns pointing toward each other, start at hip and swipe up
Head	Bent-B touches top then bottom of head
Body	1 circles the body
Arms	Dominant hand swipes down non-dominant arm
Hands	"put" gloves/mittens on
Leg	Both hands palms together, go down each leg
Feet	Make a "foot" with non-dominant hand, point to it with dominant pointer finger
Eyes	Point to each eye
Nose	Point to nose
Mouth	Circle mouth with one finger
Hair	Tug on hair with thumb and index finger
Color	Tap fingers on chin in succession
Red	Pointer finger stroking chin
Orange	"o" in front of mouth, pulse open and closed
Blue	"b" shaking
Green	"g" shaking
Pink	See red, but use the middle finger of "p"
Purple	"p" shaking
Black	"b" next to face, slide down

Brown	Pointer finger across forehead
Yellow	"y" shaking
Grey	4 fingers on both hands move in-between each other in swaying motion
White	Palm flat at chest, pull out and close fingers together
1	Palm towards self, pointer finger up
2	Palm towards self, pointer and middle fingers up
3	Palm towards self, thumb, pointer and middle fingers up
4	Palm towards self, four fingers up
5	Palm towards self, five fingers up
6	Palm away from self, pinky touches thumb
7	Palm away from self, ring finger touches thumb
8	Palm away from self, middle finger touches thumb
9	Palm away from self, pointer finger touches thumb
10	Thumbs up and shake

When	Non-dominant points to side, dominant touches, circles and touches again
Say	1 touches chin and goes out
Go	Both hands point up then wrists go down
House	Outline the shape of house
Living room	"L" + "R"
Bedroom	"Bed"-Flat hand at side of face then "Room"-Form room with hands parallel to floor, Start with hands parallel to each other (palms in) but perpendicular to body, Then turn 90° so hands are both facing self, parallel to body
Kitchen	Shaking "K"
Bathroom	Shaking "T"
TV	Fingerspell
Bed	Flat hand at side of face
Refrigerator	"Cold" -fists at shoulder height shaking then "Doors" - fists at chest height together then moving apart
Toilet	Shaking "T"

Couch	Non-dominant "U" with palm down, dominant "U" with palm down, slide dominant fingers from knuckles of non-dominant hand to fingertips (long chair)
Lamp	Non-dominant arm flat with palm down, dominant hand up in air with elbow on back of non-dominant hand, dominant hand flicks toward face (like rays of light)
Rug	Fingerspell
Picture	Non-dominant hand perpendicular to floor in front of chest, dominant hand in "C" at side of face with fingers pointing out, dominant hand arcs out in front of face to touch non-dominant hand, keeping fingers pointing out
Dresser	Scrunched 5s with palms up, pull towards self x2 (like you are pulling out drawers)
Closet	Hands side by side perpendicular to floor, palms out, turn dominant hand in so palm is facing self like you are opening a door
Oven	Non dominant arm flat, palm down, slide dominant hand (palm up) under non-dominant hand like you are putting a cake in the oven
Sink	fingerspell
Cabinet	fists at chest height together then moving apart (like you are opening double doors)
Window	Dominant hand on top of non-dominant hand (palms toward self), dominant hand moves up (like window opening)
Shower	"O" by top of head, opens like water is coming out
Mom	"5" with thumb on chin
Dad	"5" with thumb on forehead
Brother	Hand guns, dominant hand starts with thumb on forehead, dominant hand comes down and lands on non dominant pointer finger

Sister	Hand guns, dominant hand starts with thumb on jawbone between ear and chin, dominant hand comes down and lands on non dominant pointer finger
Dog	Pat leg 2x + snap 2x OR Snap 2x + pat leg 2x
Cat	"F" pulls whiskers
Who	Bent L, thumb touches chin and finger wiggles

Number	Two flat "O"s with fingertips touching, both turn 90°
11	Make a 1, flick up twice
12	Make a 2, flick up twice
13	Make a 3, pull back twice but leave thumb
14	Make a 4, pull back twice
15	Make a 5, pull back twice but leave thumb
16	Shake 6
17	Shake 7
18	Shake 8
19	Shake 9
20	Thumb and index come together twice
Same	"Y" moves side to side